UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 7, 2014 (July 1, 2014)

CCA Industries, Inc.

(Exact name of registrant as specified in its charter)

DELAWARE	1-31643	04-2795439
(State or other Jurisdiction of Incorporation)	(Commission File Number)	(IRS Employer Identification No.)
200 MURRAY HILL PARKWAY RUTHERFORD, NEW JERS		07073
(Address of principal executive of	fices) (Z	Zip Code)
Registrant's telepho	one number, including area code: (201) 330-1400
(Former name or	former address if changed since last re	port.)
		_
Check the appropriate box below if the Form 8-K filing under any of the following provisions:	g is intended to simultaneously satisfy	the filing obligation of the registrant
Written communications pursuant to Rule 425 under the	ne Securities Act (17 CFR 230.425)	
Soliciting material pursuant to Rule 14a-12 under the I	Exchange Act (17 CFR 240.14a-12)	
Pre-commencement communications pursuant to Rule	14d-2(b) under the Exchange Act (17	CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule	13e-4(c) under the Exchange Act (17 C	CFR 240.13e-4(c))

Item 5.02 Departure of Directors or Certain Officers; Appointment of Certain Officers

Sardar Biglari and Dr. Philip Cooley resigned as directors of CCA Industries, Inc. effective July 1, 2014. Mr. Biglari is Chairman and Chief Executive Officer and Dr. Cooley is Vice Chairman of the Board of Biglari Holdings Inc. Mr. Biglari and Dr. Cooley stated in their resignation letters that their resignations were not the result of any disagreements with the Company.

Furnished as Exhibit 99.1 is a copy of the press release issued by the Company on July 7, 2014 announcing that Sardar Biglari and Dr. Philip Cooley resigned as directors of the Company on July 1, 2014, and that both Mr. Biglari and Dr. Cooley stated in their resignation letters, which are furnished as Exhibits 99.2 and 99.3, respectively, that their resignations were not the result of any disagreements with the Company.

Item 9.01 Exhibits

The following exhibits are annexed hereto:

- 99.1 Press release issued July 7, 2014.
- 99.2 Resignation letter of Sardar Biglari.
- 99.3 Resignation letter of Phillip Cooley.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: July 7, 2014

CCA Industries, Inc.

By: /s/ Stephen A. Heit

Stephen A. Heit Executive Vice President Chief Financial Officer Company Contact: Stephen A. Heit, Chief Financial Officer 800 524-2720

FOR IMMEDIATE RELEASE

CCA INDUSTRIES, INC. ANNOUNCES RESIGNATION OF TWO DIRECTORS

East Rutherford, NJ, July 7, 2014: CCA Industries, Inc. (NYSE MKT: "CAW") announced today the resignation of Sardar Biglari and Dr. Philip Cooley as directors of CCA Industries, Inc. effective July 1, 2014. Mr. Biglari is Chairman and Chief Executive Officer and Dr. Cooley is Vice Chairman of the Board of Biglari Holdings Inc. Mr. Biglari and Dr. Cooley stated in their resignation letters that their resignations were not the result of any disagreements with the Company.

About CCA Industries, Inc.

CCA Industries Inc. manufactures and markets health and beauty aids, each under its individual brand name. The products include, principally, "Plus+White" toothpastes and teeth whiteners, "Mega-T" Green Tea diet supplements, ""Bikini Zone" medicated topical and shave gels, "Nutra Nail" nail care, ""Scar Zone" scar treatment products, "Sudden Change" anti-aging skin care products, "Solar Sense" sun protection products, ", "and "Pain Bust RII" an analgesic product.

Statements contained in the news release that are not historical facts are forward looking statements as that term is defined in the Private Securities Litigation Reform Act of 1995. Such forward-looking statements, including statements regarding expectations with respect to future operating results, anticipated future cost savings, anticipated timing and cost of implementation of the operational changes described in this new release and the manner in which the operational changes described in this news release, and the timing of their implementation, may affect future operating results, are subject to risks and uncertainties, which would cause actual results to differ materially from estimated results. Such risks and uncertainties are detailed in the Company's filings with the Securities and Exchange Commission. No assurance can be given that the results in any forward-looking statement will be achieved, and actual results could be affected by one or more factors, which could cause them to differ materially. For these statements, we claim the protection of the safe harbor for forward-looking statements contained in the Private Securities Litigation Reform Act and otherwise under applicable law.

BIGLARI HOLDINGS INC.

17802 IH 10 WEST, SUITE 400 SAN ANTONIO, TEXAS 78257 TELEPHONE (210) 344-3400 FAX (210) 344-3411

SARDAR BIGLARI, CHAIRMAN

July 1, 2014

Mr Stanley Kreitman Chairman of the Board CCA Industries, Inc. 200 Murray Hill Parkway East Rutherford, NJ 07073

Dear Stanley,

Effective on the date hereof, I hereby resign from my position as a director of CCA Industries, Inc. (the "Company"). My resignation is not as a result of any disagreement with the Company.

Sincerely,

Sardar Biglari

BIGLARI HOLDINGS INC.

17802 IH 10 WEST, SUTTE 400 SAN ANTONIO, TEXAS 78257 TELEPHONE (210) 344-3400 FAX (210) 344-3411

July 1, 2014

Mr. Stanley Kreitman Chairman of the Board CCA Industries, Inc. 200 Murray Hill Parkway East Rutherford, NJ 07073

Dear Stanley,

Effective on the date hereof, I hereby resign from my position as a director of CCA Industries, Inc. (the "Company"). My resignation is not as a result of any disagreement with the Company.

Sincerely,

Philip L. Cooley